

Patient Name: \_\_\_\_\_

## Asthma Data Collection Form

Date of Birth: \_\_\_/\_\_\_/\_\_\_ Date of Visit: \_\_\_/\_\_\_/\_\_\_

(Provider Name)

Insurance Company: \_\_\_\_\_

asthma well visit  asthma sick visit  asthma sick visit follow up  other visit

### PARENT SECTION - Please Complete Questions 1-12

Thank you for helping us care for your child.

1. How many days of school/daycare has your child missed **due to asthma** in the **past 6 months**? \_\_\_ # of days  Does not attend
2. How many work days have you or your spouse missed **due to your child's asthma** in the **past 6 months**? \_\_\_ # of days
3. Has your child visited the Emergency Room or Urgent Care Center **due to asthma** in the **past 12 months**?  YES  NO
4. Has your child been admitted to the hospital **due to asthma** in the **past 12 months**?  YES  NO
5. How comfortable are you in your ability to manage your child's asthma, rated on a scale of 1-10? (Please circle)  
 Not Comfortable = 1    2    3    4    5    6    7    8    9    10 = Very Comfortable
6. During the **past month**, how frequently has your child experienced episodes of cough, shortness of breath, wheezing or reduced activity **due to asthma during the DAY**?  
 More than once per day     Once per day     3-6 days per week     0-2 days per week
7. During the **past month**, how frequently has your child experienced episodes of cough, shortness of breath, wheezing or waking up **due to asthma at NIGHT**?  
 7 or more nights per month     5-6 nights per month     3-4 nights per month     0-2 nights per month
8. During the **past week**, how often did your child use a fast acting or quick relief medication, at times **other than before exercise**? (includes Albuterol, Ventolin®, Proventil®, Xopenex®)  
 not at all     less than 1 time per day     1-3 times per day     4 or more times per day     not sure
9. When are asthma symptoms worse? (**Check all that apply**)  
 winter     spring     summer     fall     during exercise
10. How often does asthma limit your child's activities?  
 not at all     a little of the time     some of the time     most of the time     all of the time
11. How would you rate your child's asthma control during the **past month**?  
 not controlled at all     poorly controlled     somewhat controlled     well controlled     completely controlled
12. Are you planning to get a flu shot for your child?  YES  NO-reason: \_\_\_\_\_ shot date: \_\_\_/\_\_\_/\_\_\_

### PHYSICIAN SECTION – Please Complete Questions 13-20

Asthma diagnosis tentative

13. Asthma severity level:  Severe Persistent     Moderate Persistent     Mild Persistent     Mild Intermittent
14. Is the patient on a controller medication?  YES  NO  
 If YES, does the patient/parent report using controller medications daily?  YES  NO  Started this visit
15. For patients who use rescue/controller inhalers, is a spacer utilized?  YES  NO  
 (Maxair® and dry powder inhalers do not require spacer)
16. Has the patient received oral steroids for bronchospasm within the **past 12 months**?  YES  NO
17. Does the family have a copy of a written asthma management plan from a primary care physician or specialist?  YES  NO  
 If YES, please review with family and update, as needed.
18. Has the patient been seen by an allergist or pulmonologist during the **last 12 months** for assistance with asthma management due to severity of illness? Specialist: \_\_\_\_\_  YES  NO  Referred this visit
19. How would you rate the patient's asthma control during the **past month**?  
 not controlled at all     poorly controlled     somewhat controlled     well controlled     completely controlled\*
20. Has the patient had spirometry within the past 12 months?  YES: date \_\_\_/\_\_\_/\_\_\_  NO

\***Complete or total control of asthma** is defined as **no** asthma symptoms; **no** rescue bronchodilator use; **no** nighttime or early morning awakening; **no** limitations on exercise, work or school; **complete** control of asthma by patient **and** physician assessment; and **normal or personal best** PEF or FEV<sub>1</sub>. (Joint Task Force on Practice Parameters for Allergy & Immunology – AAAI, ACAI, pub. Nov. 2005)

Follow-up visit: Return in: \_\_\_ weeks, or \_\_\_ months (Return visit date: \_\_\_ / \_\_\_ / \_\_\_)

(Revised 6/06)